

Emotional Intelligence Training



Course Features

The purpose of this course is to provide with practical skills and understanding of emotional intelligence to enable learners to build and maintain constructive working relationships and so increase the opportunities for greater success. Emotional Intelligence gives individuals a variety of skills, such as the ability to manage relationships, navigate social networks, influence and inspire others. Particularly for effective leadership, a high level of emotional intelligence is required. In today's workplace, Emotional Intelligence has become a highly important factor for success, influencing productivity, efficiency and team collaboration.

Who should attend ?

- Mid-level to senior-level managers

Course Contents:

- Understand what constitutes Emotional Intelligence
- Recognize the importance of EI for effective leadership
- Become aware of own behavioural style
- Recognise personal emotions and their effects on behaviour
- Respond positively to different working styles of others
- Build trust and mutual understanding using rapport building techniques
- Identify benefits of assertive behaviour and practice

techniques to apply it

- Learn how 'Empathy' can be used to motivate others
- Handle Conflict situations effectively using tools & techniques
- Enhance Influencing skills
- Communicate feedback constructively

Certificate

Certificate of attendance shall be issued to all the delegates attending entire duration of the training course.

Duration

2 Days

About Us:

TUV India Pvt. Ltd. (TÜV NORD GROUP) is a customer-focused, innovative, and independent, technical, quality & safety services organization, dedicated to providing future-proof solutions through technological excellence for the success of its customers with the highest level of integrity. With a presence at over 40 strategic locations in India; a branch office in Sri Lanka and Bangladesh; state-of-the-art laboratories at Pune, Bengaluru, Noida and Jamnagar; 100 important countries worldwide and through digital means, we are always connected to you, our esteemed customer, anywhere, anytime.

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