

Interpersonal Skills Training



This course is a highly interactive, experiential learning workshop designed especially for fostering teamwork, cultivating leadership qualities and obtaining tools and techniques for better interpersonal skills. With objectives to enable participants to solve problems by clarifying the real issues and road-blocks, minimize conflict and build group commitment, influence others and motivate them to profitable action, to give criticism when necessary and praise to produce results, guide to make trade-offs without being a pushover on big issue, implement plans without strong-arm tactics and develop credibility based on respect and trust

Who should attend?

Junior to Senior Managers

Certificate

Certificate of attendance shall be issued to all the delegates attending entire duration of the training course

Registered & Head Office-

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Course Contents:

1. Self awareness and understanding yourself before others
 - What kind of a team player are you?
 - What is your predominant personality type
 - What are strengths and weaknesses
2. An effective team
 - Performance characteristics of effective teams
 - Stages of team development
 - Importance of initiative, leadership, strategy, communication and coordination
3. Experience team dynamics
 - Develop interpersonal skills to build a climate of trust and cooperation
 - Develop a systematic and positive approach to interpersonal communication in teams
 - Identify attributes of effective leadership
4. Conflict Management
 - What is conflict and how can it be good
 - Managing conflict and styles of conflict management

Duration:

2 Days